



THE NO FIZZ BIZZ:

HOW DRINKING WATER
AND HEALTHY EATING
TRANSFORMED OUR SCHOOL



GANGS, CRIME, POVERTY,
DOMESTIC VIOLENCE,
CHILD NEGLECT,
FAST FOOD OUTLETS,
OBESITY







Bluebird

1 LITRE

Coca-Cola

real taste. uplifting refreshment

Mountain Dew

CORN CURLS

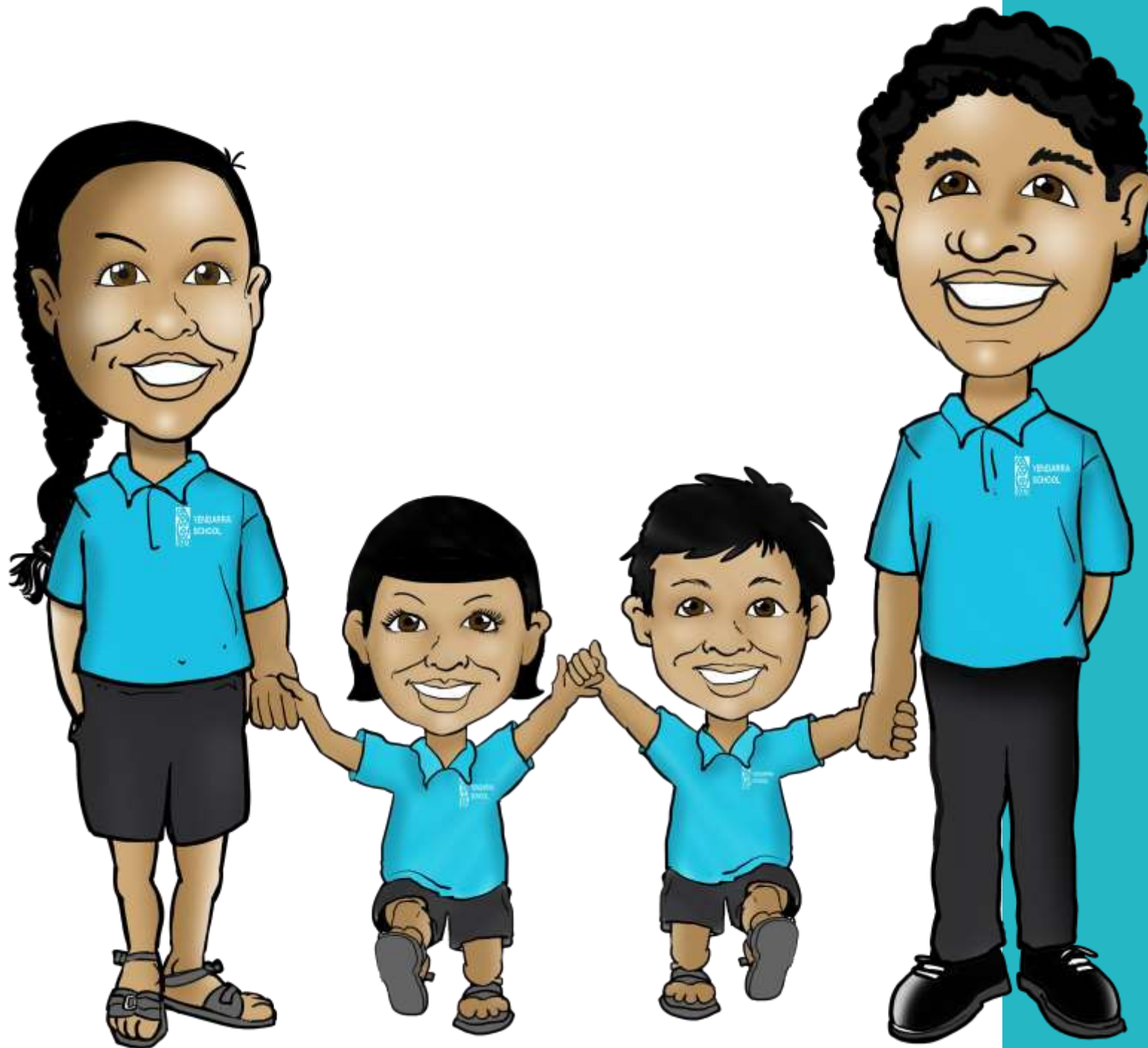
Bluebird

BEST EVER
FRESHNESS
& TASTE!

SALT &
VINEGAR
ORIGINAL CUT CORN

Krispa
corn chunks
Chickpea





If you want to go
fast, go alone

If you want to far,
go together

–African Proverb

GENERATION FAT

Our children will be the first generation not to outlive their parents







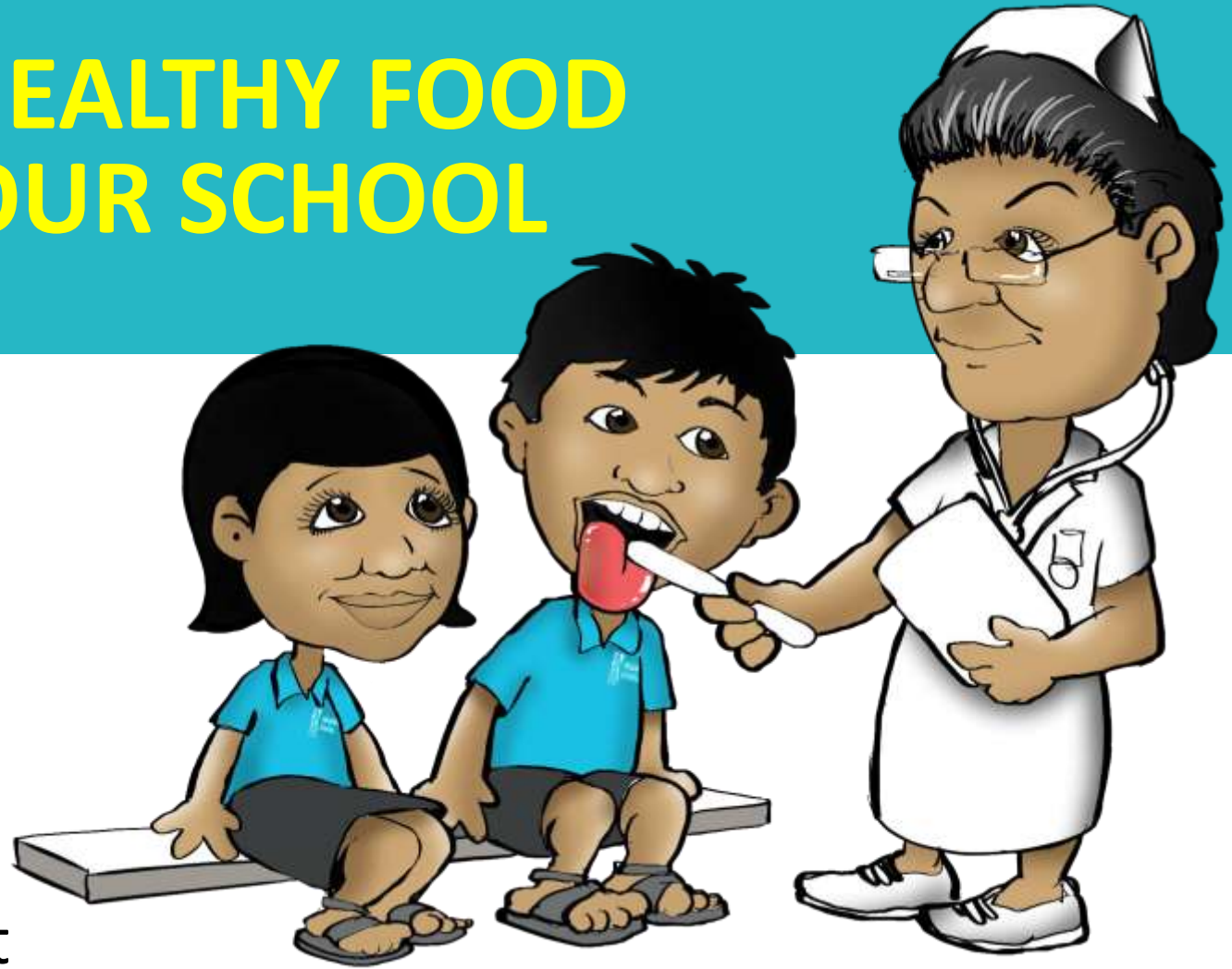


Real
Fruit grows on trees



DRINKING WATER & HEALTHY FOOD HAS TRANSFORMED OUR SCHOOL

- Student attendance
- Student engagement
- Student achievement
- Reduced skin infections
- Improved dental health
- Improved whanau engagement
- Improved whanau well-being
- Rippling into the wider community



HEALTHY KIDS



ARE THRIVING KIDS

Not all of us can do great
things but we can all do
small things with great love
– *Mother Teresa*





Be Bold – Just Do It!